



Addressing Physician Burnout & Enhancing Physician Well-Being

Conference Speaker

Deb Sheinbach Roman, D.O.



Dr. Deb Roman is a Board Certified Family Physician. She offers integrative medicine consultations and hands-on osteopathic medicine to individuals of all ages.

She integrates advanced training in nutrition, mindful practice, biodynamic osteopathy and integrative medicine into her work.

She is an Adjunct Clinical Assistant Professor in the Department of Clinical Medicine at the Pacific Northwest University of Health Sciences.

She serves as Director of Physician Wellness for the Idaho Osteopathic Physicians Association.

She is the Founder and Director of *Rediscovering Meaning In Our Work* - a consulting and educational program with a focus on the well-being of physicians and medical school students. She teaches workshops, organizes retreat-like conferences,

offers presentations, provides consultations to individuals and organizations and facilitates a monthly physician discussion group.

Dr. Roman is a *Meaningful Work* Physician to Physician Consultant, offering consultations to physicians who would like to work with a peer to explore ways to ease stress, cultivate well-being, and practice medicine in a way that is meaningful.

She is actively involved in physician well-being initiatives at local, state and national levels. She also contributes as a speaker to medical conferences nationwide, exploring cutting-edge ways to enhance physician health and well-being, achieve personal and professional fulfillment and cultivate compassion in healthcare.

Please visit finding-health.com for more information about her services.